



SPUTUM SAMPLE COLLECTION INSTRUCTIONS

CyPath[™]Lung

KNOW MORE. MOVE FORWARD.

GET READY

1. Open kit box and remove collection cup
2. Make sure your name is written on cup
3. Read instructions
4. Save your kit box

1

Freeze the
cold pack



- Keep kit box and all its contents in safe place to use when you return your sample

2

Prepare to
collect your
sample



- Place cup and assist device in your bathroom where you will collect your sample
- Remove the lid from the collection cup

COLLECT YOUR SAMPLE

1

Use the assist device to open your airways



- Breathe deeply 10 times without device
- Breathe deeply 10 times through the device in your mouth
- Remove the assist device from your mouth

2

Cough your sample into the collection cup



- "Huff" cough 3 to 5 times to help mucus come up from your lungs
- Expel mucus (not saliva) into the collection cup
- Repeat as needed to produce mucus or try again later

3

Refrigerate your sample in the cup between collection



- Secure the lid on your collection cup
- DO NOT FREEZE

4

Repeat your sample collection for 2 more days for a total of 3 consecutive days



- Collect your sample in the same cup
- Refrigerate your sample after each collection

RETURN YOUR SAMPLE

1

Return your sample on the last day of collection



- Remove your collection cup from the refrigerator
- Tightly secure the lid
- Place cup in bio-protective bag
- Remove FedEx pre-addressed envelope from the kit box

2

Prepare to ship your sample to the lab



- Remove cold pack from freezer and place it in the kit box
- Put your collection cup in kit box next to cold pack
- Close the kit box containing your sample by folding the flaps into the sides

3

Ship your sample via prepaid FedEx Overnight



- Place the kit in the pre-addressed FedEx envelope that came with your kit box
- **Call 1-800-GoFedEx (1-800-463-3339) to schedule a Priority Overnight pick up**

CyPath Lung

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NEED HELP?

Call 855-MYLUNGS to speak with your patient coach